



Vital Reset

Legal Psilocybin Services in Hood River

A Safe, Professional Option for Clients Seeking Deep Healing



Oregon now allows adults to access psilocybin in licensed service centers—and thanks to [recent legislation](#) (HB 2387), therapists can [legally](#) refer clients [without professional risk](#). This law makes it explicitly legal for board-licensed professionals to discuss and refer clients to Oregon's psilocybin services.

If you have clients struggling with depression, anxiety, PTSD, or substance use—and conventional methods haven't provided relief—Vital Reset may be a valuable local treatment option.



What is Vital Reset?

Vital Reset is a licensed psilocybin service center located near downtown Hood River. We guide clients through psilocybin experiences in a safe, structured environment. Our trauma-informed facilitators are licensed by the Oregon Health Authority. We use HIPAA-compliant systems to protect client privacy and welcome [collaboration with referring therapists](#) during preparation or integration—if the client chooses.

How Do Psilocybin Services Work?

When your client is referred, they first speak with our office manager to explore whether psilocybin is a good fit. They have their questions answered, and get help choosing the right facilitator. We then introduce them to the facilitator by email so they can schedule a brief meeting to assess mutual fit. If it's not the right match, we're happy to suggest another.

Once a facilitator is chosen, they guide the client through a three-part process:

1 Preparation

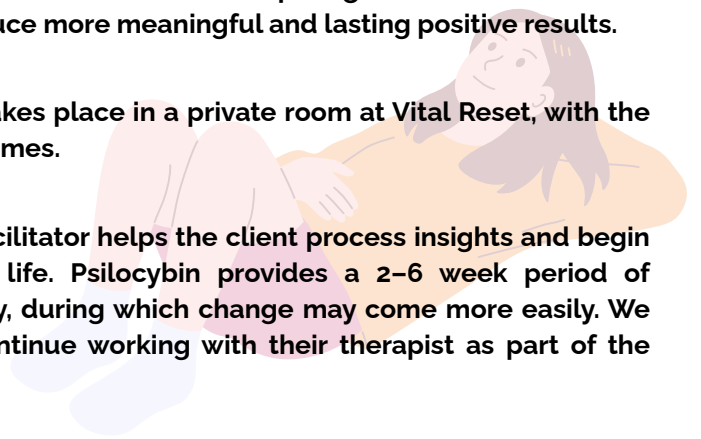
Clients meet with the facilitator to clarify intentions, assess safety, and complete paperwork. Most facilitators recommend 3–4 hours of preparation to build trust and readiness. Preparing the client in advance has been proven to produce more meaningful and lasting positive results.

2 Administration

The psilocybin session takes place in a private room at Vital Reset, with the facilitator present at all times.

3 Integration

After the session, the facilitator helps the client process insights and begin applying them in daily life. Psilocybin provides a 2–6 week period of enhanced neuroplasticity, during which change may come more easily. We encourage clients to continue working with their therapist as part of the integration process.





Vital Reset

Licensed Psilocybin Service Center
Trauma-Informed Care | HIPAA-Compliant
Serving the Columbia Gorge

Who We Serve

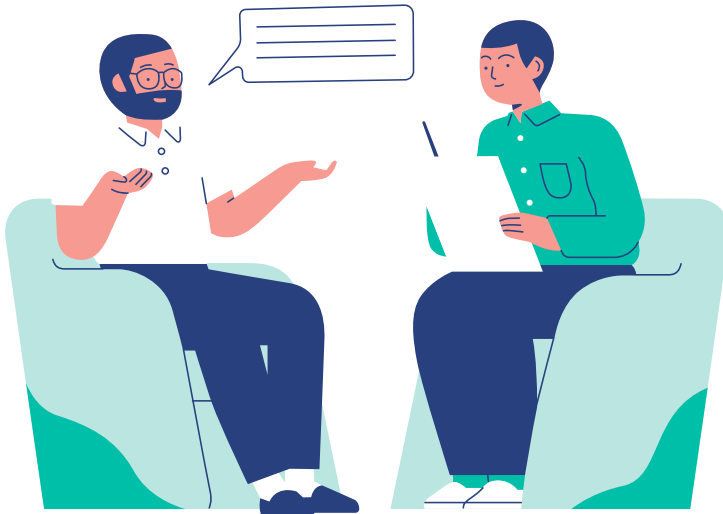
Oregon Law permits psilocybin marketing for conditions with strong evidence of benefit. Conditions include:

- **Depression**
- **Anxiety**
- **PTSD**
- **Substance/Alcohol Use Disorders**

We also receive referrals for conditions with emerging research support, including:

- **Migraines**
- **Eating Disorders**
- **Parkinson's Disease**
- **Multiple Sclerosis**

In addition, we support individuals who feel stuck, have a specific problem to solve, or are seeking clarity about their life path.



Referral Guidance for Therapists

Oregon law now protects your ability to discuss and refer clients to licensed psilocybin service centers. To remain within best practices:

- Use neutral, informational language.
- Example: "Vital Reset is currently the only licensed service center within 60 miles. You can learn more at vitalreset.com."
- Avoid recommending specific dosages or facilitators.
- Encourage clients to make their own informed decisions.
- Document that your referral was informational, not directive.
- Refer clients to the state licensee directory or directly to Vital Reset.

Note: Referrals must be framed as informational rather than prescriptive. It is appropriate to let clients know that licensed psilocybin services are available in Oregon and that Vital Reset is the closest licensed center, but professionals should not advise that a client must or should go to a specific provider. No diagnosis or prescription is required. Clients must be over 21 and participate voluntarily.

How to Refer a Client

Clients can contact us directly:

Website: www.vitalreset.com

Email: go@vitalreset.com

Phone: 541-645-4485

You're welcome to reach out too—we're always happy to collaborate or answer questions.